WALPOLE RECREATION AND ADULT EDUCATION



Winter 2004 Program Brochure

SPECIAL REGISTRATION OFFICE HOURS:

MON., DEC. 1 10:00 A.M. - 7:00 P.M.

TUES., DEC. 2 9:00 A.M. - 7:00 P.M.

WED., DEC. 3 9:00 A.M. - 5:00 P.M.

REGULAR OFFICE HOURS

MON. THRU FRI. 1:00 - 5:00 P.M.

ABOUT WALPOLE RECREATION

RECREATION COMMITTEE

Frank Brown Joe LaVita, Chair Susanne Murphy Dennis Ricci Robert Taglienti

Associate Member: Sabina Carty Annelise Fair

There are a number of associate member positions available on the Recreation Committee. For more information, please contact Josh Cole at (508) 660-7353.

STAFF & VOLUNTEERS

Josh Cole Director of Recreation
Chad Norton Recreation Coordinator
Joe Donnelly, Jr. Asst. Recreation Coordinator

Chris Warnat Asst. Recreation Coordinator

Susan Charette Principal Clerk

Lauren Macomber Program Coordinator
Richard Cantrell Adult Education Director
Rich McCarthy Volunteer - Registration
Barbara Harris Volunteer - Trip Coordinator

Natalie McComb Volunteer - Breakfast Programs

Chris Arey Brochure Development

Phone: (508) 660-7354 Fax: (508) 660-7398

Location: Blackburn Hall 44 Stone Street

Btw. Town Hall & Fire Dept.

Mailing Address: Walpole Recreation Department

135 School Street Walpole, MA 02081

Office Hours: Mon. - Fri., 1:00 - 5:00 p.m.

Website: www.walpole.org/recreation

Dear Resident,

Thank you for participating in our programs! We appreciate your support and hope that you will continue to find programs that interest you.

On Friday, October 24, the Walpole Downtown Business Association and the Walpole Chamber of Commerce joined with us to offer the 3rd Annual Walpole Fall Charity Gala. The evening of dining and dancing was wonderful and the event was a tremendous success.

The Gala raised money for Walpole based charities, specifically the Walpole Housing Authority and Longview Farm. Our involvement in the Gala benefits the Walpole Arts Series which will bring arts activities to the community this winter and beyond.

We also would like to thank the following sponsors of the Gala:

Walpole Cooperative Bank Bay State Charitable Fund Foxborough Savings Bank Norwest Check Cashing Services

Frank Ring, Jr.

And everyone who contributed to this wonderful event.

We are also pleased to announce a new series of history programs, supported in part by the Walpole Cultural Council. Check out our new arts and history programs listed in this brochure.

Sincerely,

The Walpole Recreation Dept.

HOW TO READ THIS BROCHURE

Information pertaining to programs is listed as follows:

<u>PROGRAM TITLE</u> Class#: use on registration form Location Time of program

Program Fee Date(s) that the program is offered Instructor Ages of participants

Registration info

This is followed by a brief description of the program and pertinent information of which you should be aware.

Program fees:

R is the fee for Walpole residents. NR is the fee for non-residents.

SR is the discounted fee for a Walpole Senior (age 60 and over). If SR is not listed, that program has no senior discount.

ARTS AND HISTORY SERIES

TASTE OF WALPOLEClass#: WAS1Blackburn Hall7:00 - 9:00 p.m.\$3 suggested donationThursday, Jan. 8Walpole Arts CommitteeAll agesPre-register or drop-in

Come out for a taste of Walpole as we feature more than 20 of your favorite local restaurants serving up samples of their specialties. This will be a special night with the Walpole-based classical guitar duo of John Mason and Steve Marchena performing.

POETRY NIGHTClass#: WAS2Blackburn Hall7:00 - 9:00 p.m.\$3 suggested donationThursday, Feb. 5Walpole Arts CommitteeAll agesPre-register or drop-in

This poetry night will feature a reading by Walpole resident and poet Nancy Tupper Ling followed by an "Open Mic" for literature and poetry. Walpole resident Sam Dent will lead a jazz combo with Walpole High School student Jared Randhawa on bass and Medfield's Shane Wood on keyboards. Writers interested in participating in "Open Mic" should contact Joe at 660-7353.

"EMERGING ARTISTS" - LIVE! Class#: WAS3 Blackburn Hall 7:00 - 9:00 p.m. \$3 suggested donation Thursday, Mar. 4 Walpole Arts Committee All ages Pre-register or drop-in

Join us for a special evening hosted by George Ransom, local artist and videographer. "Emerging Artists" is a show that runs on WCTV8 which showcases the work and methods of local artists. This program will be a great opportunity to get a behind the scenes look at the work of these talented people.

Table Of Contents	
Category	Page
Preschool Programs	4 - 8
Holiday Fun & Santa is Calling	9
Youth Programs	10 - 14
Teen Programs	15
Family & Adult Trips	16
Adult Education Programs	17 - 24
Senior Programs	25
Program Registration Info	26
Program Survey	27
Registration Form	28

FROM WALPOLE TO GETTYSBURG Blackburn Hall 7:00 - 9:00 p.m. \$3 suggested donation Thursday, Jan. 22 Chris Warnat/Richard Warnat All ages

Pre-register or drop-in

More than 140 years ago, during three hot July days the most storied battle on American soil took place in a small hamlet in Pennsylvania called Gettysburg. Men from all over New England and from hometowns like Walpole joined together to preserve the Union and quell the rebellious forces forming in the southern states. This program will explore the lives and times of those men and of the battle itself...how it was fought, why Gettysburg and the fallout from it. The program will include visual presentations, informal discussions, a Q & A session and items to purchase. Coffee and snacks will be available for purchase.

WALPOLE: THEN & NOWClass#: WHS2Blackburn Hall7:00 - 9:00 p.m.\$3 suggested donationThursday, Feb. 26Chris WarnatAll ages

Pre-register or drop-in

Ever wonder what the Walpole common looked like at the turn of the 19th century? Or what houses still exist from decades long ago? With assistance from the Walpole Historical Society, we will display rare century-old photographs of various areas in Walpole along with the same view of that area as it looks today. You won't believe how much your town has changed and how much it has remained the same. Explore maps of the town from the 1800s, marvel over the "Then & Now" photos and enjoy a bit of your town's history.

BASEBALL FROM THE CAPE Blackburn Hall \$3 suggested donation Cape Cod League Administrators Pre-register or drop-in Class#: WHS3 7:00 - 9:00 p.m. Thursday, Mar. 18 All ages

Every summer Cape Cod is home to several of the top collegiate baseball players. The Cape Cod League has featured top major leaguers including current Red Sox player Jason Varitek. Join Cape Cod League administrators as they lead this discussion on the history of the league. They will have photos, memorabilia and video clips of the many highlights this league has produced. If you are a fan of the game of baseball, this will be a real treat.

The Walpole Arts and History Series is presented with support from the Walpole Cultural Council and funds raised by the Walpole Fall Charity Gala, an effort of the Walpole Chamber of Commerce and the Downtown Business Association.

PRESCHOOL: SPECIAL EVENTS

GROUNDHOG FLASHLIGHT EGG HUNT Class#: PGH

Morgan Field 6:00 - 7:00 p.m. Monday, Feb. 2 \$1 per child Recreation Staff Ages 2 - 10 and parent Pre-register

What in the world is this program? Do groundhogs really lay eggs? We know how much fun our Flashlight Egg hunt is and decided to give the Groundhog her own event! You will be given a number when you check in the night of the event. Please dress warm as we expect the weather to be COLD! Please call 660-7353 in case of inclement weather on the day of the event.

PRESCHOOL PROM

Class#: PSP Blackburn Hall 6:30 - 7:30 p.m. \$5 R/\$10 NR per child Monday, Mar. 29 Ages 2 - 8 and parent Recreation Staff Pre-register

This is our Third Annual Preschool Prom and we have loved the past two! Invite your favorite grown-up and join us for a night of dancing, games and snacks. We will provide music and refreshments for the evening.

The following two programs are a part of the Walpole Arts and History Series, presented with support from the Walpole Cultural Council and funds raised by the Walpole Fall Charity Gala, an effort of the Walpole Chamber of Commerce and the Downtown Business Association.

CARIBBEAN NIGHT

Class#: WAS4 Blackburn Hall 5:30 - 7:30 p.m. \$3 suggested donation Thursday, Feb. 12 Special Musical Guests All ages Pre-register or drop-in

Shake off the winter blues as we celebrate the sights, sounds and tastes of the Caribbean. Several musical acts will perform beach themed music along with games and activities. Don't forget your tropical shirt!

KIDS CONCERT

Class#: WAS5 Blackburn Hall 7:00 - 8:30 p.m. \$3 suggested donation Thursday, Mar. 11 Sharon Community Band All ages Pre-register or drop-in

The Sharon Community Band's annual "Kids Concert" is targeted at youth audiences and their families. The program will feature performances by both the Concert Band and its companion ensemble, the Roy Scott Big Band. The educational component features a live introduction to the instruments of the band and an interactive instrument "petting zoo."

FLASHLIGHT EGG HUNT

Class#: PFH Stone Field 7:30 - 8:30 p.m. Thursday, Apr. 8 \$2 per child Recreation Staff Ages 2 - 10 and parent

Pre-register

Bring your flashlights and baskets as we bring you our Fourth Annual Flashlight Egg Hunt. Children will get the chance to search for eggs including several "golden eggs" with prizes! One adult is required to walk with children during the hunt. Please arrive no later than 7:15 p.m. as we will begin promptly at 7:30 p.m.

EGG COLORING NIGHT

Class#: PEC Lower Blackburn 5:30 - 6:30 p.m. \$5 R/\$7 NR Thursday, Apr. 8 Ages 2 - 6 with parent Recreation Staff

Pre-register

Our staff will help you color your eggs to celebrate the new season. We will provide the dye and dippers; you supply the hard-boiled eggs, energy and fun!

TEDDY BEAR TEA PARTY

Lower Blackburn Noon - 12:45 p.m. \$5 R/\$10 NR per session Wednesdays: See dates below Katie Gotovich Ages 2 - 4

Pre-register

Show off your best dress and your favorite friend at our second Teddy Bear Tea Party. Children are asked to bring their teddy bears or other favorite stuffed animal and enjoy an afternoon with us. We will talk, sing songs and read a book. Children will also be served punch and cookies. Please notify the Recreation Staff when signing up of any food allergies.

Class#: Dates: Jan. 21 PTB1 PTB2 Feb. 11 PTB3 Mar. 10

WALTER THE WALPOLE WALRUS

Everywhere Anytime **FREE** Any day Walpole families Everyone

Call to reserve at 660-7354

Our mascot, Walter, is looking to travel the United States and out of the country and we need your help. Call us before your scheduled vacation and we will let you take Walter with you! All we ask as that you take pictures with him wherever you go and make a copy for us. We will then be able to display photos and information on where our Walter has traveled.

* Because there is only one Walter, he cannot be available for vacations all the time. Reservations will be taken on a first call basis, so call early when you know your vacation dates!

PRESCHOOL: HOLIDAY & FUN CRAFTS

HOLIDAY DECORATIONS NIGHT

Lower Blackburn 6:30 - 7:30 p.m. \$5 R/\$7 NR See dates below Ages 2 - 5 with parent Judy Auditore

Pre-register

Get ready for the upcoming holiday season as our experienced arts and crafts staff helps you create decorations to display at your house.

Class#: Date:

PHD1 Monday, Dec. 8 PHD2 Tuesday, Dec. 9

GINGERBREAD HOUSES Class#: PGB Lower Blackburn 6:30 - 7:15 p.m.

Monday, Dec. 22 \$5 R/\$7 NR Judy Auditore Ages 3 - 7 with parent

Pre-register

Make your very own gingerbread house just in time to display for the holidays. This class promises to be lots of fun and you will leave with a great treat to show off or eat. Price includes all materials.



PRINCESS FOR A NIGHT Class#: PFN

Lower Blackburn 6:30 - 7:30 p.m. \$5 R/\$10 NR Monday, Jan. 12 Judy Auditore Ages 2 - 6 with parent Pre-register

Has your child ever dreamed of being the princess in one of her fairy tales? Now we give her the chance. This night will be spent creating crafts such as tiaras, wands and more. Don't miss out on this great new class!

SUPER BOWL CRAFTS Class#: PSB

Lower Blackburn 6:30 - 7:15 p.m. \$5 R/\$7 NR Monday, Jan. 26 Judy Auditore Ages 4 - 7 with parent Pre-register

This craft night will be spent creating football-themed crafts as we hope to be watching our New England Patriots in this year's big game. If not, we still promise to make this a fun evening.

VALENTINE'S DECORATION NIGHT Class#: PVD

Lower Blackburn 6:30 - 7:15 p.m. Monday, Feb. 9 \$5 R/\$7 NR Judy Auditore Ages $2 \frac{1}{2} - 6$ with parent

Pre-register

In the spirit of this special day, we will be creating Valentine's Day cards and crafts you can give to your special valentine



KNIGHT FOR A NIGHT

Class#: PKN Lower Blackburn 6:30 - 7:30 p.m. \$5 R/\$10 NR Monday, Feb. 23 Judy Auditore Ages 2 1/2 - 6 with parent Pre-register

What's a princess without a knight of her own? Tonight we will be making crafts to help our knights complete their outfit as we create crowns, shields and more.

MARDI GRAS DECORATIONS NIGHT Class#: PMD

Blackburn Hall 6:30 - 7:15 p.m. Monday, Mar. 8 \$5 R/\$7 NR Ages 2 1/2 - 6 with parent Judy Auditore Pre-register

One of the most exciting and fun events for adults, we will bring Mardi Gras decorations and festivities to Blackburn for kids. We will be making a variety of crafts that you can use year round.



SHAMROCK DECORATIONS

Class#: PSD Lower Blackburn 6:30 - 7:15 p.m. \$5 R/\$7 NR Monday, Mar. 15 Judy Auditore Ages 3 - 6 with parent Pre-register

Celebrate this festive day by wearing green and visiting us at Blackburn. We will make a variety of craft projects that you can bring home and display around the house.

PRESCHOOL PROGRAMS: ARTS AND MUSIC

ARTS IN THE HALL

Lower Blackburn 9:30 - 10:00 a.m. \$5 R/\$7 NR per class
Judy Auditore Ages 2 - 6 with parent
Pre-register

Participants in this program will do a different arts & crafts project each week. This is great chance to be creative with your preschooler and there will be time to interact with other preschoolers after the project is over.

Class#:	Date:
PAH1	Dec. 11
PAH2	Dec. 18
PAH3	Jan. 8
PAH4	Jan. 15
PAH5	Jan. 22

FABULOUS FRIDAYS

Lower Blackburn 10:30 - 11:20 a.m. \$6 R/\$8 NR per child Fridays: See dates below Ages 2 - 6 with parent Pre-register

We have blended together arts and music to make some Fabulous Fridays. We encourage you to dress up according to the theme. We will listen to music, create a craft, read a book and do other activities. Check below for dates and themes. Due to the popularity of this program, we are offering two sessions of each program. Please sign up for each theme only once as they will be repetitious.

Class#:	Date:	Theme:
PF1	Jan. 16	Diggin' Dinosaurs
PF2	Jan. 23	Diggin' Dinosaurs
PF3	Feb. 13	Happy Hearts
PF4	Feb. 27	Happy Hearts
PF5	Mar. 5	In Like a Lion
PF6	Mar. 12	In Like a Lion
PF7	Mar. 19	Out Like a Lamb
PF8	Mar. 26	Out Like a Lamb
PF9	Apr. 2	April Showers
PF10	Apr. 16	April Showers
PF11	Apr. 30	Bring May Flowers
PF12	May 7	Bring May Flowers

MASTERPIECES WITH MEClass#: PMALower Blackburn9:30 - 10:00 a.m.\$30 R/\$35 NRWednesdays: Jan. 7 - Feb. 4Katie GotovichAges 18 mos. - 3 years with parentPre-register

Mix, measure, stir! Each week a different type of painting method will be introduced. String, brush, sponge and marble are just a few ways our little painters will make their masterpieces. We suggest that children wear old clothes or a smock.

KIDS CRAFTS

Lower Blackburn

\$36 R/\$41 NR

Karen Avery

Pre-register

See times below
Tuesdays: Jan. 27 - Mar. 9
Ages 2 - 4 with parent

Glue, paint, color, cut, sprinkle and make a mess - it's all part of the fun. This preschool arts and crafts program encourages creativity and teaches children to be proud of their accomplishments. No program on February 17.

Class#:	Time:
PKC1	9:30 - 10:15 a.m.
PKC2	10:30 - 11:15 a.m.
PKC3	1:00 - 1:45 p.m.

ROMP & ROLL

Lower Blackburn 10:15 - 10:45 a.m. \$36 R/\$41 NR See dates below Joe Donnelly, Jr. Ages 9 - 19 months with parent Pre-register

Our Romp and Roll class will expose you and your child to music. Joe will share activities and songs that you can use to "walk and roll" with your child at home. No program on Feb. 4 and Feb. 18 for the Wednesday classes and Feb. 5 and Feb. 19 for the Thursday classes.

Class#:	Day:	Dates:
PRR1	Wednesdays	Jan. 7 - Feb. 25
PRR2	Wednesdays	Mar. 3 - Apr. 7
PRR3	Thursdays	Jan. 8 - Feb. 26
PRR4	Thursdays	Mar. 4 - Apr. 8

MOVING AND GROOVING

Lower Blackburn 11:00 - 11:30 a.m. \$36 R/\$41 NR See dates below Joe Donnelly, Jr. Ages 18 - 36 months with parent Pre-register

This program is a great chance for you to get your toddler to become exposed to music in a fun environment. Lots of moving and grooving. No program on Feb. 4 and Feb. 18 for the Wednesday classes and Feb. 5 and Feb. 19 for the Thursday classes.

Class#:	Day:	Dates:
PMG1	Wednesdays	Jan. 7 - Feb. 25
PMG2	Wednesdays	Mar. 3 - Apr. 7
PMG3	Thursdays	Jan. 8 - Feb. 26
PMG4	Thursdays	Mar. 4 - Apr. 8

Due to the small amount of space in most of our teaching areas, we ask that siblings do not participate in classes unless they are enrolled. This will allow our instructors to continue to provide the small student to teacher ratios which make our classes great.

PRESCHOOL PROGRAMS: SPORTS

LEARN TO SKATE

Class#: PLS

Puckmasters in Norwood 9:00 - 10:00 a.m. \$90 R/\$95 NR Thursdays: Jan. 8 - Mar. 4
Puckmasters Staff Ages 3 - 5

Pre-register

The Learn to Skate program is offered in cooperation with Puckmasters. Their facility in Norwood features the use of "Super Ice," a non-threatening, high density plastic surface. This program includes one half hour of teaching and one half hour of free skate. Participants must wear helmets and bring their own ice skates. Bicycle helmets are acceptable. No program on February 19. Directions provided at time of registration.

LEARN TO PLAY HOCKEY

Class#: PLH

Puckmasters in Norwood 1:00 - 2:00 p.m. \$90 R/ \$95 NR Thursdays: Jan. 8 - Mar. 4
Puckmasters Staff Ages 3 - 5

Pre-register

Learn to Play Hockey will feature instruction in skating, shooting, passing and stick-handling. Participants will also take part in mini-games. This program includes one half hour of teaching and one half hour of free skate. Required equipment: helmet with mask, gloves, stick and hockey skates. Additional equipment is optional. No program on February 19. Directions provided at time of registration.

BASEBALL BASICS

Puckmasters in Norwood See times below \$90 R/\$95 NR Thursdays: Jan. 8 - Mar. 4
Puckmasters Staff Ages 3 - 5
Pre-register

Don't let the winter months keep you from playing one of your favorite games! Puckmasters staff will keep the group busy as they practice throwing, hitting, catching and much more. No program on February 19. Directions provided at time of registration.

Class#: Time:

PBB1 10:15 - 11:15 a.m. **PBB2** 2:15 - 3:15 p.m.

WALPOLE PLAYKIDS

Class#: PWK

Blackburn Hall 9:30 - 11:00 a.m. \$30 R family/ \$35 NR Thursdays: Jan. 8 - Mar. 18 Recreation Staff Up to age 5 with a parent Pre-register

This playgroup is a time for parents and their children to network and meet new friends. This is an open gym time geared toward child development and fun. The rate is per family with up to three children. Please do not bring bikes. No program on Feb. 19. Please note new time.

BASKETBALL

Blackburn Hall
\$40 R/\$45 NR
Chris Warnat

See times below
Saturdays: Jan. 10 - Feb. 21
Ages 3 - 4

Pre-register by Dec. 19

The focus of this program will be on the basic skills needed to play basketball. Skills such as dribbling, passing and shooting will be introduced in a fun, non-competitive environment. Children will play with others in their age group. We will do our best to assign your child a 30 minute session within your preferred time. No program on Feb. 14. You will be notified of your playing time by Jan. 5. For information about basketball for youths age 5 years old to 2nd grade, please see page 10.

Class#: Preferred times on Saturday:

PBA 8:00 a.m. - 11:50 a.m. **PBP** 12:30 p.m. - 3:00 p.m.

SAFETY SPORTS

Blackburn Hall
See times below
\$30 R/\$35 NR
See schedule below
Lauren Macomber
Ages 3 - 4
Pre-register

Various sports and games will be taught using soft sports equipment. This class will teach the basics of sports and also allow for some free time.

Class#:	Time:	Day:	Dates:
PNS1	9:00 - 9:30 a.m.	Tues.:	Jan. 6 - Feb. 10
PNS2	1:15 - 1:45 p.m.	Tues.:	Jan. 6 - Feb. 10
PNS3	9:00 - 9:30 a.m.	Weds.:	Jan. 7 - Feb. 11
PNS4	1:15 - 1:45 p.m.	Weds.:	Jan. 7 - Feb. 11
PNS5	9:00 - 9:30 a.m.	Tues.:	Feb. 24 - Mar. 30
PNS6	1:15 - 1:45 p.m.	Tues.:	Feb. 24 - Mar. 30
PNS7	9:00 - 9:30 a.m.	Weds.:	Feb. 25 - Mar. 31
PNS8	1:15 - 1:45 p.m.	Weds.:	Feb. 25 - Mar. 31

LITTLE SPORTS

Blackburn Hall
See times below
\$35 R/\$40 NR
See schedule below
Lauren Macomber
Pre-register
Ages 5 - 6

This program is designed for those who like to play sports and is a great way for your child to develop social skills and to learn in a group atmosphere.

Class#:	Time:	Day:	Dates:
PLM1	9:45 - 10:30 a.m.	Tues.:	Jan. 6 - Feb. 10
PLM2	2:00 - 2:45 p.m.	Tues.:	Jan. 6 - Feb. 10
PLM3	9:45 - 10:30 a.m.	Weds.:	Jan. 7 - Feb. 11
PLM4	2:00 - 2:45 p.m.	Weds.:	Jan. 7 - Feb. 11
PLM5	9:45 - 10:30 a.m.	Tues.:	Feb. 24 - Mar. 30
PLM6	2:00 - 2:45 p.m.	Tues.:	Feb. 24 - Mar. 30
PLM7	9:45 - 10:30 a.m.	Weds.:	Feb. 25 - Mar. 31
PLM8	2:00 - 2:45 p.m.	Weds.:	Feb. 25 - Mar. 31

PRESCHOOL: DANCE AND NATURE

OOEY, GOOEY

Lower Blackburn See times below \$30 R/\$35 NR Wednesdays: see dates below Katie Gotovich Ages 4 - 6

Pre-register

Children love the chance to come to Blackburn and create their very own ooey, gooey projects and experiments. Each week we will make something different that your child can bring home. Please dress in old clothes, as you will get messy!

Class#:	Time:	Dates:
POG1	11:00 - 11:30 a.m.	Jan. 7 - Feb. 4
POG2	1:00 - 1:30 p.m.	Jan. 7 - Feb. 4
POG3	11:00 - 11:30 a.m.	Feb. 25 - Mar. 24
POG4	1:00 - 1:30 p.m.	Feb. 25 - Mar. 24

DANCE WITH ME

Lower Blackburn 1:15 - 1:45 p.m. Thursdays: See schedule below \$35 R/\$40 NR Tracey O'Brien Ages 2 and 3 with parent Pre-register

Join instructor Tracey O'Brien for our dance movement class. This class is a wonderful opportunity for you to experience dance with your toddler.

Class#: Davs:

PDM1 Jan. 8 - Feb. 12 PDM2 Mar. 4 - Apr. 8

MAGIC WITH MICROSCOPES

Lower Blackburn 10:15 - 10:45 a.m. \$30 R/\$35 NR Wednesdays: see schedule below Katie Gotovich Ages 4 - 6 Pre-register

If your child has an interest in nature or science, let us help him/her to expand that interest. Children in this class will learn about microscopes and the correct way to use them. We will look at sample slides of animals, plants and sea life and create crystals to be used for observation. Participants are invited to bring their own microscopes if they would like, but we will have equipment available.

Class#: **Dates:** PMM1 Jan 7 - Feb 4 Feb. 25 - Mar. 24 PMM2



WINTER HIKE

1:00 - 2:30 p.m. See locations below \$5 R/ \$7 NR Saturdays: See dates below Ages 2 ½ and up with parent Recreation Staff

Pre-register

Our weekend hikes this winter will take us to some of Walpole's hidden gems. Each hike will be relatively short (1-2) miles). Please dress warm and bring water.

Class#:	Dates:	Location:
PWH1	Feb. 7	Adams Farm
PWH2	Mar. 20	Town Forest (White Bridge)

STROLLER BRIGADE

Class#: PSK Meets at Blackburn 9:30 - 10:30 a.m. \$5 R/\$7 NR per class Wednesday, Feb. 18 Recreation Staff Stroller Ages

Pre-register

Bundle up, baby! We're heading outside for a relatively short "hike" around the center of town. Please dress according to the weather and then warm up afterwards with some hot chocolate back at Blackburn.

LITTLE SPROUTS

Lower Blackburn 2:15 - 2:45 p.m. \$30 R/ \$35 NR Wednesdays: see schedule below Katie Gotovich Ages 4 - 6

Pre-register

We will be planting an indoor garden with seeds for plants, flowers and vegetables in preparation for outdoor gardens. Please wear old clothes as there is a chance that you will get DIRTY!

Class#: **Dates:** PKG1 Jan. 7 - Feb. 4 PKG2 Feb. 25 - Mar. 24



GOT A PROGRAM IDEA?

Do you have an idea for a program you would like to see the Walpole Recreation Department offer? Please let us know as soon as possible. We will do our best to "Make It

All program submissions must be made by December 26, to be considered for the Spring 2003 Brochure.

HOLIDAY FUN

Class#: WHC

Everyone

6:00 - 8:00 p.m.

Tuesday, Dec. 23

DECORATED HOUSE CONTEST

Walpole FREE

Recreation Volunteers

Pre-register by calling 660-7354

Volunteers from the Walpole Recreation Department will be traveling to houses in Walpole to judge the best exterior decorations. You will be given a set time that we will appear at your house. You must sign up by Tuesday, December 16. Prizes will be awarded in a variety of catergories.

from the North Pole can be quite difficult.

SNOWMAN BUILDING CONTEST

Stone Field \$5 per family Recreation Staff Pre-register Class#: WSB 2:00 - 4:00 p.m. Sunday, Jan. 25 Everyone

Looking for a fun activity to do during the winter? Join us as we have fun in the snow making snowmen. You must provide your snowman with materials such as hats, scarves, etc. Prizes will be awarded in several catergories.

SANTA IS CALLING

On **Sunday, December 14 from 5:00 - 7:00 p.m**., Santa Claus will be calling local children (3 - 8 years old). This FREE program is co-sponsored by the Walpole Recreation Department and Santa Claus.

In order for your child to participate, please fill out the information below and **attach a note from your child to Santa**. Drop off both forms in Santa's Mailbox at the Recreation Office or mail to:

Santa Claus, c/o Walpole Recreation Department 135 School Street Walpole, MA 02081 no later than December 11.

Child's Name:	Age:	Phone:
Names and Ages of Brothers and Sisters:_		
What does your child want for Christmas?		
What is the child likely to receive (Santa n	makes no promises)?	
To help Santa remember, when and where		with Santa?
Special Information: Include child's intere	ests and hobbies, etc. (anyt	
This is a FREE program. We would appre Recreation Department in bringing other F		ance adults may be able to offer the Walpole
Will you help?YesNo Your na		•
Please note: We will do our best to call yo	our child on the night of D	December 14, but sometimes long-distance calls

Please attach a note from your child to Santa.

YOUTH PROGRAMS

BASKETBALL

Fisher School and Blackburn Hall 8:00 - 2:00 p.m. \$50 R/\$55 NR Saturdays: Jan. 10 - Feb. 21 Chris Warnat Ages 5 - Grade 2

Pre-register by Dec. 19

The focus of this program will be developing basketball skills through drills and game play. Dribbling, passing and shooting will be introduced in a fun, non-competitive, team environment. We have included advanced classes for participants who want a higher level of play and less instruction. Participants in the advanced classes should have a good knowledge of the game as well as a basic understanding of the rules and regulations of basketball. No program on Feb. 14. We will notify you of your 45 minute session and gym by January 5.

Class#:

YBA - A basic introduction to basketball.

YBB - An intermediate to advanced level program.

AROUND THE HORN: CATCHERS Class#: YAH

Blackburn Hall 6:00 - 6:45 p.m. \$30 R/\$35 NR Mondays: Jan. 5 - Feb. 9 Chad Norton Ages 8 - 12 Pre-register

This program was popular last year, so we are offering it again. We will focus only on the catcher position. Some of the aspects we will cover are blocking balls, throwing to bases and fielding bunts. This will be a fast-paced program and participants should have experience playing baseball. We will provide all the catcher's equipment necessary. No program on Jan. 19.

BASEBALL HITTING CLINIC Class#: YBH

 Puckmasters
 3:45 - 4:45 p.m.

 \$95 R/\$100 NR
 Thursdays: Jan. 8 - Mar. 4

 Puckmasters Staff
 Ages 9 - 12

Pre-register

This clinic is designed for you to hit, hit and hit some more. Individual attention is guaranteed. Learn techniques and drills that you can do at home. Why wait for the spring? Hit today! No program on Feb. 19.

FAST BREAK: POINTGUARDS Class#: YFB1

 Blackburn Hall
 6:00 - 6:45 p.m.

 \$30 R/\$35 NR
 Tuesdays: Jan. 6 - Feb. 10

 Chad Norton
 Ages 8 - 12

Pre-register

Use this program to stay competitive throughout the basketball season. Our emphasis will be on dribbling, passing and running the offense. Participants are asked to bring a water bottle and wear sneakers. This will be a fast-paced program and participants should have experience playing basketball.

SKI LESSONS

Blue Hills Ski Area 9:30 - 11:00 a.m.
See prices below
Blue Hills Ski Staff Sundays: See dates below
Ages 7 - 17

Pre-register by Dec. 16. There is an additional form.

Get a jump on the season and sign up now for ski lessons. Learn the skills and techniques needed to become a successful skier. This year, we offer either five or seven week sessions. Transportation to the mountain is not included. Every participant will receive an all mountain lift ticket to Ragged Mountain in Danbury, NH for a special graduation day celebration. There is an additional form (available at the Recreation Department) to fill out when you register. Directions to Blue Hills will be provided at time of registration.

Class#:	Dates:	Price:
YSL1	Jan. 4 - Feb. 1	\$130.00 (No equipment)
YSL2	Jan. 4 - Feb. 1	\$180.00 (Equipment included)
YSL3	Jan. 4 - Feb. 15	\$175.00 (No equipment)
YSL4	Jan. 4 - Feb. 15	\$245.00 (Equipment included)

SNOWBOARD LESSONS

Blue Hills Ski Area 9:30 - 11:00 a.m.
See prices below
Blue Hills Ski Staff Sundays: See dates below
Ages 7 - 17

Pre-register by Dec. 16. There is an additional form.

Get a jump on the season and sign up now for snowboard lessons. Learn the skills and techniques needed to become a successful snowboarder. This year, we offer either five or seven week sessions. Transportation to the mountain is not included. There is an additional form (available at the Recreation Department) to fill out when you register. Directions to Blue Hills will be provided at time of registration.

Class#:	Dates:	Price:
YSB1	Jan. 4 - Feb. 1	\$130.00 (No equipment)
YSB2	Jan. 4 - Feb. 1	\$190.00 (Equipment included)
YSB3	Jan. 4 - Feb. 15	\$175.00 (No equipment)
YSB4	Jan. 4 - Feb. 15	\$265.00 (Equipment included)

BIRTHDAY PARTIES AT BLACKBURN!

The Recreation Department is currently booking birthday parties for the months of January - March. Parties are available in two hour blocks and include two of our staff members to run games and sports. Cost is \$120. Please call Chris Warnat at 508-660-7354 for more information or to book a date.



YOUTH PROGRAMS: AFTERSCHOOL

FAST BREAK: PICK-UP GAMES Class#: YFB2 Blackburn Hall 6:00 - 6:45 p.m.

\$30 R/ \$35 NR Wednesdays: Jan. 7 - Feb. 11 Chad Norton Ages 8 - 12

Pre-register

We have created this program for kids who would like to refine their basketball skills playing in live games. A small amount of instruction will be provided, but the majority of time will be spent on staff officiated games. We will pick new teams each week to help foster competitive play.

GROUP DRUM LESSONS

3rd floor at Blackburn See times below \$60 R/ \$65 NR Mondays: Feb. 23 - Mar. 29 Sam Dent Grades 1 - 5 Pre-register

Participants in this class will learn basic strokes and techniques for hand drumming and also the fundamentals of stick technique. Sam has been drumming for seven years and is part of the Greater Boston Youth Symphony Orchestra.

Class#: Time: **Grade Level:** YGD1 3:45 - 4:15 p.m. 1 - 3YGD2 4:30 - 5:00 p.m. 4 - 5

ART CLUB FOR GIRLS Class#: YAC

Lower Blackburn 4:00 - 4:50 p.m. \$25 R/ \$30 NR Wednesdays: Jan. 21 - Feb. 11 Katie Gotovich Ages 6 - 12 Pre-register

Each week this club will meet to do a new craft. There will be plenty of gifts to make and projects to take home. Included in these projects will be friendship bracelets and beaded necklaces.

Class#: YAB **ART CLUB FOR BOYS**

Lower Blackburn 5:00 - 5:50 p.m. Wednesdays: Jan. 7 - 28 \$25 R/\$30 NR Jeanette Langmead Ages 6 - 12 Pre-register

In this new class we will draw and paint cars and sports, build things with wood and make dioramas.

SPORTS 101 Class#: YS1 Lower Blackburn 3:45 - 4:45 p.m. \$20 R/ \$25 NR Mondays: Jan. 5 - Feb. 9 Chad Norton Ages 6 - 12 Pre-register

This winter, spend some time sharpening your knowledge of various sports. We will cover topics such as how to keep and read a golf scorecard, how to keep a baseball scorebook and the rules of golf, baseball, basketball and football. No program on Jan. 19.

BABYSITTERS CLUB

Class#: YBC Lower Blackburn 4:00 - 4:50 p.m. \$30 R/ \$35 NR Tuesdays: Jan. 13 - Feb. 10 Caitlin Armstrong Ages 7 - 12

Pre-register

In this course your child will learn about the basics of babysitting. This course will focus on games, activities and what to do in an emergency. We will also create a Fun-Bag full of games and activities that your child can bring when babysitting.

GIRLS RUNNING CLUB

Class#: YRC Meets at Blackburn Hall 4:00 - 5:15 p.m. \$25 R/\$30 NR Tuesdays: Mar. 9 - Apr. 13 Caitlin Armstrong Ages 7 - 12 Pre-register

Spend time with us getting into shape or staying in shape. The focus of this program will be on correct running techniques, stretching and flexibility. Each week will be a 1 - 2 mile run followed by stretching. Please wear comfortable clothing, running shoes and bring a water bottle to each class. No prior running experience is required.

CARTOONING Class#: YCC

Lower Blackburn 6:00 - 7:00 p.m. Wednesdays: Jan. 7 - Feb. 11 \$25 R/ \$30 NR Jeanette Langmead Ages 7 - 12

Pre-register

We will explore illustration through books, comics and making your own cartoon characters. You will learn to copy popular cartoon characters and then move on to finding specific, personal traits and mold those into a simple character. Along with creating the characters in different positions and emotions, we will also create backgrounds. Finally, we will think up story lines and put the character, setting and story together on a comic book-like page. All levels of drawing skills are welcome in this class.



GIFT MAKING Class#: PGM Lower Blackburn 6:30 - 7:30 p.m. \$25 R/\$30 NR Monday, Dec. 15 & Tuesday, Dec. 16 Judy Auditore Ages 5 - 8 with parent

Pre-register

This two-night class features our top arts and craft instructor leading participants in creating gifts for the holidays. Please bring twelve family pictures with you. This class is for children only and parents are asked to drop off and pick up.

YOUTH PROGRAMS: AFTERSCHOOL

AFTERSCHOOL SPORTS

Blackburn Hall
See times below
\$36 R/\$41 NR
See dates below
Chris Warnat
Pre-register
Grades 1 - 4

This program gives children the chance to develop skills in an organized sports program. Typical sports covered in this class include floor hockey, basketball, tag games and soccer. There will be no program on Jan. 19 and Feb. 16.

Class#:	Grades:	Dates :	Time:
YAS1	1 & 2	Mons.: Jan. 5 - Feb. 23	4:00 - 4:50 p.m.
YAS2	3 & 4		
YAS3	1 & 2	Weds.: Jan. 7 - Feb. 11	
YAS4	3 & 4	Weds.: Jan. 7 - Feb. 11	

WHIFFLEBALL	Class#: YWW
Blackburn Hall	4:00 - 4:50 p.m.
\$30 R/ \$35 NR	Fridays: Jan. 9 - Feb. 13
Chad Norton	Grades 3 - 6
Pre-register	

Our staff loves to play Whiffleball, so we have created this class for those kids who love it too! Each week we will pick different teams and play games. Due to the small amount of space, we ask that parents drop off their children and pick them up at the end of class. No program on Jan. 30.

FLOOR HOCKEY

Blackburn Hall	See times below
\$36 R/ \$41 NR	See dates below
Chris Warnat	Grades 1 - 4
Pre-register	

The Recreation Department will be offering the Floor Hockey Program once again this winter. This program gives children the chance to develop skills in an organized sports program. Participants must provide and wear their own mouthpiece. There will be no program on Jan. 30 and Feb. 20.

Class#:	Grades:	Dates:	Time:
YFH1	1 & 2	Tues.: Jan. 6 - Feb. 10	4:00 - 4:50 p.m.
YFH2	3 & 4	Tues.: Jan. 6 - Feb. 10	5:00 - 5:50 p.m.
YFH3	1 & 2	Fri.: Jan. 9 - Feb. 27	5:00 - 5:50 p.m.

FUTURE SPORTSCASTERS Class#: YSB

TOTORE STORTSCHOTERS	Classii. ISD
Lower Blackburn Hall	3:45 - 4:45 p.m.
\$20 R/ \$25 NR	Tuesdays: Jan. 6 - Feb. 3
Chad Norton	Grades 4 - 6
Pre-register	

Do you enjoy watching sporting events, but think you can do a better job announcing? Here's your chance to show us how. This class will watch game tapes of sporting events and listen to some of the most popular announcers. As the program progresses, participants will begin to gain their own style and will start announcing the games. Please bring a notebook to each class.

SPRING TRAINING BASEBALL CLINICS

Bird Middle School Gym

\$65 R/\$70 NR

Mon. - Fri., see dates below
Jerry Anzalone & Paul Kolodzinski

Ages 9 - 12
Pre-register, ASAP

Help your baseball player have a better season by learning proper skills. This program is taught by coaches with a combined 36 years of coaching experience. Jerry Anzalone and Paul Kolodzinski will provide participants with a better understanding of the game at the Little League level. The clinic will concentrate on proper warm-up exercises, correct throwing and catching techniques, drills used for fielding and more (hitting will not be covered).

Each player will need to bring a glove, sneakers and sweat pants. Tuition includes a t-shirt. Players must be 9 years old prior to July 31, 2003.

Class#:	Dates:	Times:
SBC1	Mar. 1 - Mar. 5	4:15 - 5:15 p.m.
SBC2	Mar. 1 - Mar. 5	5:30 - 6:30 p.m.
SBC3	Mar. 8 - Mar. 12	4:15 - 5:15 p.m.
SBC4	Mar. 8 - Mar. 12	5:30 - 6:30 p.m.



DANCE & ACROBATICS

Blackburn Hall

\$45 R/\$50 NR

Tracey O'Brien

Pre-register

See times below

Thursdays: See dates below

Ages 3 - 12

Miss Tracey is back to teach these classes which are a nice way to learn dance and movement in a nurturing environment.

Class#:	Ages:	Time:	Dates:
YDA1	3 & 4	2:00 - 2:50 p.m.	Jan. 8 - Feb. 12
YDA2	5 & 6	3:00 - 3:50 p.m.	Jan. 8 - Feb. 12
YDA3	7 - 12	4:00 - 4:50 p.m.	Jan. 8 - Feb. 12
YDA4	3 & 4	2:00 - 2:50 p.m.	Mar. 4 - Apr. 8
YDA5	5 & 6	3:00 - 3:50 p.m.	Mar. 4 - Apr. 8
YDA6	7 - 12	4:00 - 4:50 p.m.	Mar. 4 - Apr. 8

Yes, you can help...

Thank you to everyone who has donated supplies and equipment to help us provide programs and activities for the community. We thank you for thinking of us when you have an extra computer, board game or pool table. Please call us at 508-660-7354 if you are interested in donating any items.

YOUTH PROGRAMS

VIDEO BASEBALL HITTING Class#: YVH

Blackburn Hall 6:00 - 6:45 p.m. \$35 R/ \$40 NR Mondays: Mar. 1 - Mar. 29 Chad Norton Ages 8 - 12

Pre-register

Participants in this class will have their baseball swings videotaped during tee and live hitting. We will then spend the next few classes watching and breaking down the swings in order to correct mistakes.

VIDEO BASEBALL FIELDING Class#: YVF

Blackburn Hall 6:00 - 6:45 p.m. \$35 R/ \$40 NR Tuesdays: Mar. 2 - Mar. 30 Chad Norton Ages 8 - 12

Pre-register

Participants in this class will be videotaped fielding ground balls, fly balls and throwing to bases. We will then spend the next few classes watching and breaking down the swings in order to correct mistakes.

VIDEO BASKETBALL SHOOTING Class#: YVS

Blackburn Hall 6:00 - 6:45 p.m. \$35 R/ \$40 NR Wednesdays: Mar. 3 - Mar. 31 Chad Norton Ages 8 - 12

Pre-register

We will videotape members of this class shooting free throws, jump shots and more. We will then spend the next few classes watching and breaking down the shots in order to correct mistakes.

FEBRUARY VACATION BASEBALL Class#: YVB

 Puckmasters
 9:00 - 10:15 a.m.

 \$65 R/\$70 NR
 Daily: Feb. 17 - Feb. 20

 Puckmasters Staff
 Ages 5 - 9

 Pre-register
 Ages 5 - 9

Use the vacation week to get ready for the upcoming baseball season at Puckmasters in Norwood. You will practice throwing, fielding, catching and hitting off of a tee.

APRIL VACATION BASEBALL Class#: YPA

Puckmasters 9:00 - 10:15 a.m. \$75 R/ \$80 NR Daily: Apr. 19 - Apr. 23 Puckmasters Staff Ages 5 - 9 Pre-register

Use the vacation week to get ready for the upcoming baseball season at Puckmasters in Norwood. You will practice throwing, fielding, catching and hitting off of a tee.

FRIDAYS ROCK

3rd Floor at Blackburn 3:00 - 4:00 p.m. \$25 R/\$30 NR Fridays: see dates below Joe Donnelly, Jr. Grades 6 - 12

Pre-register

Joe Donnelly, Jr. will teach you to ROCK. Joe will be on hand to offer suggestions, talk and to ROCK. All singers, songwriters and musicians are encouraged to attend regardless of ROCK ability. Please bring your own instruments and amps and be prepared to ROCK. Class size is limited so please sign up now.

Class#: Grades: Dates:

YFR1 6 - 8 Jan. 9 & 23, Feb. 27, Mar. 12 YFR2 9 - 12 Jan. 16, Feb. 13, Mar. 5 & 19

LOOKING FORWARD

Registration for the following programs will begin on Saturday, Feb. 7 from 9:00 a.m. until noon and during regular office hours thereafter.

GIRLS SPRING SOFTBALL Class#: TGS

Various Walpole Fields 6:00 p.m. games \$50 R/\$55 NR Weeknights: April 19 - June 4

Recreation Staff and Volunteers

ers Grades 4 - 8

Pre-register between Feb. 7 and Mar. 26

Girls spring softball is a developmental softball program in its sixth year. Games are played on weeknights at 6:00 p.m. We also need volunteer coaches. Registrations received after March 26 will be assessed a \$5.00 late fee, if we have room in the program.

INSTRUCTIONAL GIRLS SOFTBALL Class#: YIS

Various Walpole Fields
\$35 R/\$40 NR

Volunteers

Program starts at 2:00 p.m.

Sundays: April 25 - May 23

Grades 2 & 3

Pre-register

This program was created to get girls ready to play in our Spring Softball League. The first part of each session will be spent doing drills to improve their skills. After that, a game will be played. Every participant will receive a t-shirt. No program on May 9.

T-BALL LEAGUE

Morgan & Stone Fields Schedules out on April 28 \$40 R/\$45 NR Saturdays: May 1 - June 19 Volunteers Ages 4 - 7

Register between Feb. 7 and Apr. 2

All Walpole residents born between August 1, 1996 and July 31, 2000 are eligible for this FUNdamental league. No games will be played on May 29. There are no make-up games for rained-out days. Team hats and shirts are provided.

Registrations received after April 2 will be assessed a \$5.00 late fee if we have room in the program.

YOUTH PROGRAMS

WINTER REC

Blackburn Hall See times below \$15 R/ \$17 NR per session Daily: See dates below Recreation Staff Ages 6 - 12

Register soon, space is limited

The Recreation Department is happy to announce that we are bringing back Winter Rec for another year! Each day consists of sports, games, movies, arts and crafts.

Class#:	Dates:	Times:
WR1A	Dec. 24	9:00 a.m Noon
WR2A	Dec. 26	9:00 a.m Noon
WR2B	Dec. 26	1:00 p.m 4:00 p.m.
WR3A	Dec. 27	9:00 a.m Noon
WR3B	Dec. 27	1:00 p.m 4:00 p.m.
WR4A	Dec. 29	9:00 a.m Noon
WR4B	Dec. 29	1:00 p.m 4:00 p.m.
WR5A	Dec. 30	9:00 a.m Noon
WR5B	Dec. 30	1:00 p.m 4:00 p.m.
WR6A	Dec. 31	9:00 a.m Noon
WR7A	Jan. 2	9:00 a.m Noon
WR7B	Jan. 2	1:00 p.m 4:00 p.m.



FEB REC

Blackburn Hall See times below \$15 R/ \$17 NR per session Daily: See dates below Recreation Staff Ages 6 - 12

Register soon, space is limited

The Recreation Department is happy to announce that we are starting a Feb Rec program this year. Each day consists of sports, games, movies, arts and crafts.

Class#:	Dates:	Times:
FR1A	Feb. 16	9:00 a.m Noon
FR1B	Feb. 16	1:00 p.m 4:00 p.m.
FR2A	Feb. 17	9:00 a.m Noon
FR2B	Feb. 17	1:00 p.m 4:00 p.m.
FR3A	Feb. 18	9:00 a.m Noon
FR3B	Feb. 18	1:00 p.m 4:00 p.m.
FR4A	Feb. 19	9:00 a.m Noon
FR4B	Feb. 19	1:00 p.m 4:00 p.m.
FR5A	Feb. 20	9:00 a.m Noon
FR5B	Feb. 20	1:00 p.m 4:00 p.m.

KID'S DAY OFF

Class#: YDS Blackburn Hall 9:00 a.m. - Noon \$15 R/\$20 NR Saturday, Dec. 20 Recreation Staff Ages 6 - 12

Pre-register

Let mom and dad have a break as you spend a Saturday morning with us at Blackburn. We will have a variety of activities to do such as crafts, sports and some wacky team games. Please provide your child with a snack or money for the vending machine.

YOUTH GOLF CLINIC

Class#: YGC 6:00 - 7:00 p.m. Puckmasters in Norwood \$170 R/ \$175 NR Tuesdays: Jan. 6 - Mar. 9 **Puckmasters Staff** Ages 12 - 17 Pre-register

This winter, take hundreds of swings indoors at Puckmasters as you work on your grip, swing and posture. Individual attention is guaranteed. Learn techniques and drills that you can do at home. No program on Jan. 20 and Feb. 17.

HARRY POTTER CLUB

Class#: YHP Lower Blackburn 6:30 - 7:30 p.m. \$20 R/ \$25 NR Wednesdays: Jan. 7 - Feb. 4 Katie Gotovich Grades 1 - 4

Pre-register

Attention muggles, this is your opportunity to discuss the books of Harry Potter. This club will take trivia contests and make crafts associated with the books. We will also watch clips of the first two movies to enter the world of Hogwarts.

MAKE YOUR OWN CD

Class#: YCD **Dented Car Studios** To be determined \$120 R/ \$125 NR Weekdays: Jan. 6 - Jan. 23 Luke Dent Grades 6 - 12 Pre-register

Attention bands, singer/songwriters, and other musical performers. In the studio, Luke will make your dream of having your own CD come true. With the guidance of producer/ engineer Luke Dent, you will have three hours of studio time at Dented Car Studios in Walpole to cut your own CD. This recording session includes recording time, mixing and six copies of your brand new release! Times, days, and dates are to be arranged between the performers and Luke. Please come prepared to play to maximize your studio time. Contact information will be made available at time of registration.

HIGH SCHOOL PROGRAMS

MOCK COLLEGE INTERVIEWS

Class#: CMI

Lower Blackburn Hall 7:00 - 9:00 p.m. FREE Tuesday, May 18 Volunteer interviewers H.S. Juniors & Seniors Call to schedule a time

We are offering these mock interviews as a service to our sophomores and juniors in high school in hopes that it helps them feel more comfortable during this stressful time. Our interviewers will ask you questions that are frequently asked during a college interview. Afterwards, we will provide you with tips and suggestions for improving your skills. Dress as you would for an actual college interview.

COLLEGE ESSAY TIPS

Class#: CET Lower Blackburn Hall 9:30 - 11:30 a.m. \$20 R/ \$25 NR Saturday, Feb. 7 Heather Cole H.S. Juniors & Seniors

Pre-register

This workshop will help take some of the stress out of the college application process. Our instructor will help you develop an essay topic, give you some tips to consider and get you started on writing your application essay. Bring any applications you are working on to class.

GROUP DRUM LESSONS

3rd floor at Blackburn See times below \$60 R/ \$65 NR Wednesdays: Feb. 25 - Mar. 31 Sam Dent Grades 6 - 12 Pre-register

Participants in this class will learn fundamentals of stick technique, how to read basic drum charts and to analyze drum parts from recordings and how to perform them. Sam has been drumming for seven years and is part of the Greater Boston Youth Symphony Orchestra.

Class#: Time: **Grade Level:** YGD3 3:45 - 4:30 p.m. 6 - 8

4:45 - 5:45 p.m. 9 - 12 YGD4

LUKE'S ROCK ACADEMY

3rd floor at Blackburn See times below \$60 R/\$65 NR Daily: Dec. 26, Dec. 29, 30, Jan. 2 Luke Dent & special guests Grades 6 - 12 Pre-register

Join Luke Dent, from the local band Faraway, for this fourday intensive class on the basics of what it takes to play in a modern rock band. Subjects covered will include rock instrumentation, playing the song, playing in tune and in time, and the importance of listening to each other while playing. Bring your own amps and instruments. One set of drums will be available for use.

Class#: **Grade Level:** Time:

YRA1 9:30 - 12:30 p.m. 6 - 8 YRA2 1:00 - 4:00 p.m. 9 - 12

DRIVER EDUCATION

WHS Room A246 See times below \$50 R/ \$55 NR Mon. & Weds.: Jan. 26 - Mar. 22 15 years & 10 months and older Bill Rehill

See below for registration information

Students will be provided with 30 hours of classroom instruction in Massachusetts Regulations for the operation of Motor Vehicles. Students must be 15 years and 10 months old at the start of the program. Road work is not included in this course. Registration will be held at Walpole High School main office from Monday, Jan. 12 - Monday, Jan. 26. or through the Recreation Department. No program during February vacation.

Class#: Time:

EDE1 2:15 - 4:15 p.m. 7:00 - 9:00 p.m. EDE2

VOLUNTEENS

Lower Blackburn Meets at 2:30 p.m. **FREE** First Meeting: Thursday, Jan. 15 Grades 9 - 12 Lauren Macomber and Alyssa Beatty Pre-register or drop-in

Under new leadership, VolunTeens promises to be a big hit this year. High School students looking for a way to do community service to add to their college resumé are encouraged to join. Please call Lauren or Alyssa at the Recreation Department at 660-7354 for more information or join us at our first meeting.

HIRE-A-TEEN

This service is for teens 13 years and older. Its purpose is to help Walpole teens find jobs and to provide a service to adult residents in need of help, such as babysitting, yard work, painting, etc. If you are 13 years or older, stop by the Recreation Department to obtain a participation form and information sheet. Forms must be returned by December 20 to be included in the listings on January 6. Parent participation and approval is required. The rate of pay and hours of work, etc. will be negotiated between you and your employer(s).

SONGWRITING & LYRICS

Class#: YLF 3rd floor at Blackburn 4:30 - 6:30 p.m. \$30 R/\$35 NR Weekdays: Dec. 26, Dec. 29 & 30 Luke Dent Grades 6 - 12

Pre-register

In this class, Luke will lead you through the fundamentals of songwriting. You will have the opportunity to develop a melody, write lyrics, and discuss your songwriting influences. Come to this class and learn how to be inspired in the art of songwriting.

FAMILY AND ADULT TRIPS

MYSTERY TRIP?

Meet us there! \$5 per family Question Mark Pre-register

Class#: FT? Meets at 10:00 a.m. Saturday, Apr. 17 Families

Where are we going? We aren't telling you. But it is within a 90 minute drive from Walpole and it will be a great time. Here is what we can tell you: First, we will send you directions on where to meet our tour guide, Question Mark, one week prior to the event. Transportation is up to you. Second, our guide will welcome you to a New England location you probably haven't visited before with a one hour tour. Then, our guide will give you recommendations and possibly discount coupons to enjoy the rest of your visit to this location. Allow at least a one hour stay at the location, but you may want to spend enough time to stay for dinner.



BOSTON DUCK TOUR

Class#: FT1 Leaves from Blackburn 10:00 a.m. - 6:00 p.m. \$49/person Saturday, May 1 Fox Tours Families Pre-register

The Recreation Department has reserved spaces on the most famous amphibious vehicles around for a day of history, fun and learning in Boston. A motor coach will take our group to the Prudential Building where we will board a real, WWII vehicle for a ride around the city on land...and sea! The tour is followed by lunch at the No Name Restaurant and free-time to spend shopping at the Prudential Mall.

NEW YORK CITY OVERNIGHT Class#: FT2

Leaves from Blackburn 7:00 a.m. - 10:30 p.m. \$189/person double occup. Sat.-Sun., May 22 - 23 Fox Tours Pre-register

They say that New York is the city that never sleeps and on this trip you may have the opportunity to test that theory. This trip, which includes a tour of the Statue of Liberty, is designed to let you experience New York any way you would like. After checking into our hotel on 57th St., you and your family/friends are free to explore places like Central Park, 5th Avenue, Wall Street, or Times Square. Take tours, roam the city, enjoy a Broadway show, ride the subway or shop till you drop in a place that truly has a little bit of everything.

TALL SHIPS

Leaves from Blackburn 8:00 a.m. - 10:00 p.m. Tuesday, July 13 \$47/person Fox Tours Pre-register

Sail Boston has been designated as the Official United States Race Port for Tall Ships 2004 and we will be there. A luxury motorcoach will transport us to Boston were we will board the Provincetown II cruise vessel for a narrated tour of Boston Harbor. Returning to dockside, you will have free time to tour the vessels close up and take pictures. Don't miss out on such a great trip!



RED SOX @ YANKEES

Leaves from Blackburn \$79/person Fox Tours Pre-register

Class#: FT4 7:00 a.m. - 8:00 p.m. Saturday, Sept. 18 **Families**

Class#: FT3

Families

The American League East title could be decided on this weekend in New York and you could be there. Fifty six tickets have been reserved for this Saturday matinee in the Bronx with the cost including ticket and transportation. This is a day-trip, down and back on the 18th. Sign-up early as extra tickets will be hard to come by once the season gets underway.

For Your Information...

The Recreation Department is currently looking at various trip opportunities for the spring and summer brochures. Some of the destinations we are currently considering include:

> Belmont Race Track Montreal Cooperstown Myrtle Beach golf outing Red Sox vs. Orioles New Year's in Quebec

Check in the Walpole Times, the Walpole Hometown Monthly and the Recreation Department for future information.

ADULT PROGRAMS: SPORTS

BEG./INTERMEDIATE VOLLEYBALL Class#: EBV

7:30 - 9:30 p.m. WHS Main Gym \$45 R/\$50 NR/\$22 SR Wednesdays: Jan. 21 - Mar. 31 Dave Hamric Adults Pre-register

This co-ed course is for beginning/intermediate volleyball players who want to improve their skills. Each session will consist of instruction and practice, followed by games. Emphasis will be on the rules of the game, positional play and serving, bumping, setting, spiking and blocking the ball. No program on Feb. 18.

POWER VOLLEYBALL Class#: EPV

7:30 - 9:30 p.m. WHS Main Gym \$45 R/\$50 NR Mondays: Jan. 26 - Apr. 5 Richard Edge Adults Pre-register

Power volleyball is distinguished from recreational volleyball by the highly refined individual skills and implementation of team strategy. This is a game for experienced players who possess a certain amount of quickness, alertness, coordination and who desire to further develop these skills in a competitive environment. Class size is limited to 24. This is a serious volleyball league. No program on Feb. 16.

Class#: EHC HIKING CLUB

Adams Farm Meets at 1:00 p.m. Wednesday, Mar. 31 **FREE** Josh Cole Adults Pre-register

This is a chance for you to get together with other outdoor enthusiasts to hike some of the area's best trails. The first hike for this group will be at Adams Farm.

ADULT GOLF CLINIC Class#: AGC

Puckmasters in Norwood 7:00 - 8:00 p.m. \$170 R/\$175 NR Tuesdays: Jan. 6 - Mar. 9 Volunteers Ages 18 and up Pre-register

This winter, take hundreds of swings indoors at Puckmasters as you work on your grip, swing and posture. Individual attention is guaranteed. Learn techniques and drills that you can do at home. No program on Jan. 20 and Feb. 17.

Class#: AWB WOMEN'S BASKETBALL

Old Post School Gym 6:30 - 9:30 p.m. \$70 R/ \$75 NR Weds.: Jan. 7 - Apr. 28 Carey Parquette Adults Pre-register

These weekly pick-up basketball games at the Old Post School Gym are for all adult levels. Fee includes a reversible jersey given out at time of registration. No program on Jan. 14, Feb. 18, March 31 and April 21.

MEN'S BASKETBALL

Class #: AMB 6:30 - 9:30 p.m. Old Post School Gym \$70 R/\$75 NR Fridays: Jan. 9 - Apr. 30 Bob Mackenzie Adults

Pre-register

These weekly pick-up basketball games are for all adult levels. Fee includes a reversible jersey given out at time of registration. No program on Jan. 30, Feb. 20, April 9 and 23.

AEROBIC PATTERNS

Class#: AP 9:15 - 10:15 a.m. Blackburn Hall \$114 R/\$119 NR Mon. & Weds.: Jan. 5 - Mar. 24 Ann Marie Pruyn Pre-register

Do you like to dance? Aerobic Patterns classes, taught by a trained certified instructor, include a combination of exercise and dance. This type of exercise program has been proven to not only work the body, but also benefit the mind. Don't miss this opportunity to have some fun, increase your fitness level and boost your self-esteem in a comfortable and noncompetitive atmosphere.

CROSS-COUNTRY SKI

1:30 - 3:00 p.m. Adams Farm \$5 R/\$10 NR See dates below Gary Riggott Adults Pre-register

In addition to being a great aerobic activity, cross-country skiing is a wonderful way to explore your surroundings during the winter season. This ski outing is intended to expose participants to the beauty of Adams Farm in the winter, and to the joy of cross-country skiing. All ages and levels are invited to join in. The leader will accompany the slower skiers. Bring

Class#: Date:

your own equipment.

ECS1 Saturday, Jan. 3 ECS2 Saturday, Feb. 7

FULL MOON CROSS-COUNTRY SKI

Adams Farm 7:00 - 9:00 p.m. \$5 R/\$10 NR See dates below Gary Riggott Adults

Pre-register

Sure, you can spend a weekend, \$600 and drive to Vermont for this experience. Or, you can spend two-and-a-half hours, \$5 and drive to Adams Farm for the same experience closer to home. If you've never been cross-country skiing under a full moon, to say it's exhilarating is an understatement. The make-up date will be Feb. 16 if there is inclement weather. If you joined us last year, you won't need to be convinced to join us again. Bring your own equipment.

Class#: Date:

EFM1 Sunday, Jan. 4 EFM2 Sunday, Feb. 8

ADULT PROGRAMS: ARTS AND MUSIC

FLORAL/CRAFT CLASS

Class#: ECC 7:00 - 9:00 p.m. WHS Cafeteria \$40 R/ \$45 NR/ \$20 SR Mondays: Mar. 1 - Apr. 5 Rachel Bremilst-Ellis Adults Pre-register

Tired of empty walls in your home? Looking to earn extra money by selling crafts? Solve both problems and learn to be a "crafty" person all at once! Each night students will complete a different project. Crafts may include: eucalyptus swag, silk flower centerpiece, fresh table arrangement, Victorian eucalyptus heart wreath. At our first meeting we will start with an overall introduction to crafts and floral design and "Bow-Making 101." Materials will be made available for purchase in class every week.



DRUM CIRCLE

Lower Blackburn 7:00 - 8:30 p.m. \$6 R/\$11 NR per class Mondays: See dates below Grades 7 - 12 and adults Joe Donnelly, Jr. Pre-register

Join the drum circle to shake, rattle and roll some of life's stresses away. Professional drummer and drum circle veteran Joe Donnelly, Jr. will lead this unique program and teach you very simple rhythms to jam on. Please bring your own hand drum or percussion instruments. No prior musical or drumming experience is necessary...just come and have fun. You can sign up for all three classes at the discounted rate of \$15.00. Please use class code **MDCA**.

Class#: Date: MDC1 Jan. 26 Feb. 23 MDC2 MDC3 Mar. 22

SONGWRITERS CIRCLE

Lower Blackburn 7:00 - 8:30 p.m. \$6 R/\$11 NR per class Mondays: See dates below Joe Donnelly, Jr. Adults Pre-register

Bring your acoustic instruments and notebooks with lyrics and join this peer led discussion group focusing on the art of songwriting. We will concentrate on music, lyrics and influences. Beat the songwriting blues with other budding songwriters. You can sign up for all three classes at the discounted rate of \$15.00. Please use class code MSCA.

Class#: Date: Jan. 12 MSC1 Feb. 9 MSC2 MSC3 Mar. 8

VOICE LESSONS

3rd floor at Blackburn See times below \$60 R/ \$65 NR Wednesdays: Jan. 21 - Mar. 17 Susan Glancy Grades 7 - 12 and Adults Pre-register

This class is for those of you who only sing in the shower or the car and have been afraid to sing in public, but are curious enough to give it a try. Overcome your inhibitions with techniques used by professionals. Using proper breathing techniques and relaxation suggestions, you will learn all you need to know about carrying a tune. The last class will include an opportunity for class participants to give a special performance for family and friends. No program on Feb. 18.

Class#: Age Group: Times: 7:00 - 7:45 p.m. MVL1 Grades 7 - 12 MVL2 8:00 - 9:00 p.m. Adults

BEGINNING GUITAR 1

Class#: MBG1 Lower Blackburn 6:30 - 7:15 p.m. \$72 R/\$77 NR Thursdays: Jan. 22 - Mar. 18 Myron Zajac Grades 7 - 12 and adults Pre-register

Have you always wanted to play the guitar, but never had the chance? Take some time during the next few months to learn basic fingering techniques for lead and rhythm guitar playing. No prior musical knowledge or experience is necessary, but you will need to bring your own acoustic guitar. The primary object is to have fun. No program on Feb. 19.

BEGINNING GUITAR 2 Class#: MBG2 Lower Blackburn 7:15 - 8:00 p.m. \$72 R/\$77 NR Thursdays: Jan. 22 - Mar. 18 Myron Zajac Grades 7 - 12 and adults

Pre-register

Due to popular demand, this class is a continuation of Beginning Guitar 1. To be eligible for this class, you must have completed Beginning Guitar 1 offered by Myron Zajac through the Recreation Department. No program on Feb. 19.

STAINED GLASS Class#: ESG WHS Room 1141 7:00 - 9:30 p.m. \$45 R/ \$50 NR/ \$22 SR Tuesdays: Jan. 20 - Mar. 16 Robert De Savage Adults Pre-register

This course will assist you in designing and creating your own beautiful stained glass pieces. You will learn techniques of glass cutting, soldering and finishing of an object of beauty. Cost of supplies will be \$50. Bring a piece of glass and glass cutter to first meeting. There is no program on Feb. 17.

ADULT PROGRAMS: ARTS AND MUSIC

CAMCORDER WORKSHOP

Class#: ECW Walpole Community Television 7:00 - 9:00 p.m. \$20 R/ \$25 NR/ \$10 SR Wednesdays: Jan. 21 and 28 Stefan Stathopoulos Adults

Pre-register

This class is perfect for people looking to do more with their digital camcorder. Stefan Stathopoulos, General Manager of Walpole Community Television will teach you to compose your shot. Please bring your digital camcorder and a blank tape to the first class.

VIDEO EDITING ON YOUR DESKTOP Class#: EVE

Walpole Community Television 7:00 - 9:00 p.m. \$20 R/ \$25 NR/ \$10 SR Wednesdays: Mar. 3 and 10 Stefan Stathopoulos Adults Pre-register

Do you have hours upon hours of home video and wish you could make sense of it? If so, this class is for you. This class will focus on tips, procedures and equipment needed to edit video at home. Please bring video footage with you the first day.

BEG./INT. CALLIGRAPHY

Class#: EBC WHS Room 1328 7:00 - 9:00 p.m. \$40 R/ \$45 NR/ \$20 SR Wednesdays: Mar. 3 - Apr. 7 Robin Carroll Adults Pre-register

Learn Italic and Unical styles of calligraphy. Create a beautiful rendition of one of your favorite quotes. We will discuss addressing invitations, ideas for gifts and different ways to use calligraphy on the Internet.



Blackburn Hall Renovation

The above photo is of Blackburn Hall which houses the office of the Walpole Recreation Department.

Over the past few months, the Town's Building Maintenance Department has undertaken a project to renovate the Recreation Offices. The project is nearly complete and we are back in our original offices.

This project turned out beautifully and we are pleased with our new surroundings. Many thanks go out to Dave Conley. Mark Benson, Don Anderson, Kevin Sullivan, Chip Upton and the rest of the Building Maintenance crew. Thank you!

INSTANT PIANO

WHS Room 1114 6:30 - 9:30 p.m. \$25 R/ \$30 NR/ \$12 SR See dates below Frank Dunne Adults Pre-register

You will learn to play any pop tune with both hands in this three hour workshop. The secret lies in using chord symbols rather than reading all the notes. You'll need to know the treble clef or send a self addressed stamped envelope to Frank Dunne, 56 Endicott Street, Quincy, MA 02169 for a free pamphlet. A materials fee of \$25 for spiral-bound workbook and 60 minute cassette is payable at the class. We will notify you of the room number at registration.

Class#: Date:

EIP1 Monday, Dec. 8 EIP2 Thursday, Mar. 18



Tips from the Walpole Board of Health

Keep Colds Away - Wash Your Hands

The most important thing that you can do to keep from getting sick and from getting colds is to wash your hands! When the weather turns colder, bothersome cold viruses again run rampant. The average person contracts about three colds per year and if you live with younger children, you tend to get

Frequent hand washing is one of the simplest and most effective ways to keep from catching a cold. You can pick up germs from infected people or contaminated surfaces. Then you can infect yourself by touching your eyes, nose or mouth unknowingly. You can also spread germs directly to others before you even know you are sick. But by washing your hands, you rid yourself of the germs before they can infect you.

You should wash your hands often. Probably more that you do now. Everyone should wash their hands before, during and after you prepare food. You should also wash your hands after going to the bathroom and before eating. You should also wash your hands after you have handled animals or animal waste. You should also wash your hands when they are dirty and often when someone from your home is sick.

There is a correct way to wash your hands. Wet your hands first and apply soap. You need to rub your hands vigorously together and scrub all surfaces. You should wash you hands for about 20 seconds, about as long as it takes to your ABCs. It is the soap combined with the scrubbing action that works to dislodge and remove germs. Finally, you should rinse well and dry your hands.

So let's take a little time to have a happy, cold-free winter!

- Health Agent Robin Chapell

ADULT PROGRAMS: ARTS & HOME

CREATIVE WRITING

Class#: ECH

6:30 - 8:30 p.m. WHS Room 1333 \$30 R/ \$35 NR/ \$15 SR Wednesdays: Feb. 4 - Mar. 24 Beth Chariton Adults Pre-register

This class is designed to help beginning and intermediate writers feel comfortable with writing and sharing their work. We will discuss various aspects of writing including character sketches and dialogue. We will spend some time each class doing short writing exercises and "workshopping" out-ofclass work. Fiction, poetry, memoir and non-fiction writers all welcome. Come with writing ideas or develop them during the class. No program on Feb. 18 and Feb. 25.

CONCEPTUAL DRAWING

Class#: EDK

WHS Room 1141 7:00 - 9:00 p.m. \$40 R/ \$45 NR/ \$20 SR Mondays: Jan. 26 - Mar. 22 Joe Knaus Adults

Pre-register

Led by instructor Joe Knaus, this class will teach students how to develop ideas from their beginning stage and follow them all the way to completion. Along the way, we will cover perspective, composition and color. All you need is an active imagination and a pencil. No program on Feb. 16.

I DO! WANT A PERFECT WEDDING Class#: EPW

7:00 - 9:00 p.m. WHS Room 1326 Wednesday, Mar. 10 \$20 R/ \$25 NR/ \$10 SR Beverly Bonner Adults Pre-register

This is a survival course for the bride, groom and parents. This fun yet practical class covers money-saving ideas, budgets; elegant ideas, mapping the "to do" list; designing a theme; researching reception halls, flowers, gowns photographers, transportation; following etiquette; saving time, trouble and tears. Come with questions; meet other brides; leave with handouts.

HIRE A TEEN!

Are you looking for someone to baby-sit your children, mow your lawn or help you with other chores? Why not hire a Walpole teen? We have eager youths, with parental approval, who are ready to work for you.

Come in to the Recreation Office to pick up our Hire a Teen list. You will set up the interviews, hours, pay, transportation, etc. with the teen and their parent(s).

PHOTO ALBUMS - QUICK & EASY

Class#: EPA 6:30 - 9:30 p.m. WHS Room 1326 \$20 R/ \$25 NR/ \$10 SR Wednesday, Mar. 3 Linda Martin Adults

Pre-register

In this class, you will learn the art of creating archival quality, meaningful, creative photo albums quickly. Using photo safe products and speed techniques, you can have beautiful albums in a minimum amount of time. Bring 8 - 10 recent color photos from a single event (birthday, holiday, vacation) to create the beginning of your heirloom album. A material fee of \$10.00 is payable to the instructor.

INTRO TO PC'S / WINDOWS

Class#: EIC WHS Computer Room 2302 7:00 - 8:30 p.m. \$40 R/ \$45 NR/ \$20 SR Wednesdays: Jan. 21 - Mar. 3 Sheila Niland Pre-register

Get a solid hands-on introduction to PC hardware and an overview of popular business software. No computer experience is required; this is a novice-level class. You will also learn the basic Windows concepts as well as tips on using and understanding the desktop and taskbar. No program on Feb. 18.



QUILTING: LOVERS KNOT

Class#: EOS WHS Room 1343 7:00 - 9:00 p.m. Mondays: Jan. 26 - Mar. 22 \$45 R/ \$50 NR/ \$22 SR Judy Valle/Linda Sheehan Adults Pre-register

Learn to make a twin size or lap size quilt using the pattern called the Lovers Knot. This class is appropriate for all levels of quilters, even beginners. You will need to bring your sewing machine each week and you should know how to use your machine which needs to be in good working order. Materials and colors are of your own choice. Supply list will be available at the Recreation Department when you sign up. No program on Feb. 16.

LEARN PITCH: A CARD GAME

Class#: ELP Lower Blackburn 7:00 - 8:30 p.m. \$10 R/\$15 NR Tuesday, Feb 10 Chad Norton Adults Pre-register

This game, also known as High, Low, Jack, Game, is a fun filled card game that you can learn easily in one night. Playing in teams you will learn the strategy needed to excel. Cards will be provided.

ADULT PROGRAMS: HOBBIES

BALLROOM DANCING: BEGINNERS Class#: EBD

7:00 - 9:00 p.m. WHS Cafeteria \$30 R/ \$35 NR/ \$15 SR Wednesdays: Mar. 10 - Mar. 31 George Vlachos Adults Pre-register

This class is an instruction to Fox Trot, Waltz and Swing to allow for confident social dancing. Course includes supervised practice dancing. Open to singles as well as couples. An intermediate level class joins the beginners class from 7:30 - 9:00 p.m. on the same nights.

BRIDGE FOR BEGINNERS Class#: EBB

7:00 - 9:00 p.m. WHS Media Center \$30 R/ \$35 NR/ \$15 SR Mondays: Mar. 8 - Mar. 29 George Vlachos Pre-register

This class includes theory and supervised card play to bring beginners to an adequate level of play. No experience is necessary.

DIGITAL PHOTOGRAPHY Class#: EDP

Lower Blackburn 6:30 - 9:00 p.m. \$40 R/ \$45 NR Wednesdays: Jan. 28 - Feb. 11 Greg Cooper Ages 18 and up Pre-register

Explore the advantages of digital photography over traditional photography. Learn the technology behind digital. We will cover proper exposure, file size for printing, sharing your photographs, archival printing and storing your files. Assignments will be given between each class with a critique at the following class. The last class will be dedicated to the Adobe Photoshop elements software and its use in editing digital photos. Camera can be purchased after the first class. since we will discuss the different features available on current digital cameras.

INTRO TO eBAY Class#: EBAY Lower Blackburn 7:00 - 8:00 p.m. \$10 R/ \$15 NR Tuesday, Feb. 24

Chad Norton Pre-register

eBay is fast becoming one of the easiest ways to shop for hard to find items and to sell your unwanted household items. In this program, we will discuss how to sign up, search and bid successfully. We will also talk about the feedback system and how to set yourself up as a buyer.

ART OF RUBBER STAMPING

7:00 - 9:00 p.m. WHS Room 1343 \$25 R/\$30 NR/\$12 SR Wednesdays: Jan. 21 & Jan. 28 Sue Lannan Adults Pre-register

Class#: ERS

This hands-on course teaches the art of rubber stamping your own personalized greeting cards, invitations and home décor items. You will be introduced to rubber stamps, several types of ink and papers, and a variety of basic techniques. An array of simple projects will be made during the class. There will be a \$10 materials fee for the course, payable at the first class. Materials for any additional projects you would like to make outside the materials supplied for the course will be available.

REIKI AND YOU

Class#: ERK WHS Room 1328 7:00 - 9:00 p.m. \$20 R/ \$25 NR/ \$10 SR Thursday, Mar. 18 Joan Reilly Adults

Pre-register

During this class you will receive a brief overview of Reiki, an ancient healing touch which produces deep relaxation and healing of body, mind and spirit. The instructor will offer brief Reiki sessions during the class to those who want the experience. However, you will not receive a Reiki attunement during this class, which is strictly informational. Reiki is easy to learn and it offers profound opportunities to those who choose to practice it.

HYPNOSIS FOR SMOKING CESSATION Class#: ESC

WHS Room 1333 See times below \$25 R/\$30 NR/\$12 SR Tuesdays: Jan. 20 - Feb. 3 Charles Ferro Adults Pre-register

This is an introductory level course teaching you to use hypnosis as a tool to help you guit smoking slowly and effectively forever, without creating another bad habit. Find out how behavior management through hypnosis can be used powerfully to help you in your battle against smoking. The class on Jan. 20 will be from 7:00 - 9:00 p.m., and the classes on Jan. 27 and Feb. 3 will be from 7:00 - 8:00 p.m.



Adults

ADULT PROGRAMS: FINANCE

REAL ESTATE: BUY, SELL & FINANCE Class#: ERE

WHS Room 1319 7:00 - 9:00 p.m. \$30 R/ \$35 NR/ \$15 SR Tuesdays: Jan. 20 - Feb. 10 Tom Taylor Adults Pre-register

This class will cover the buying and selling of real estate including financing, investing, home inspections and legal paperwork. Tom is a real estate professional. Also touched upon will be foreclosure auctions and information on buying multi-family houses and land.

COLLEGE FINANCIAL AID SEMINAR Class#: ECF

7:00 - 9:00 p.m. WHS Room 1328 Tuesday, Mar. 23 \$15 R/\$20 NR Ann Laurion Adults Pre-register

The world of college financial aid is complex. Many people struggle through the process and simply hope for the best. Others fail to apply for assistance at all, incorrectly assuming they earn too much money to qualify. Lack of planning and research can seriously limit a student's options, resulting in a poor college choice...often based solely on finances.

This eye-opening seminar will provide guidance and strategies for the college search and financial aid process. Parents of high school sophomores and juniors will find this seminar especially helpful, but it's not too late for parents of seniors!

ABC'S OF INVESTING

WHS Room 1319 7:00 - 9:00 p.m. \$25 R/\$30 NR/\$12 SR Wednesdays: See dates below Dave Nicholson Pre-register

Walpole resident Dave Nicholson will help you take control of your financial future by teaching participants investments and how they work. The first night will focus on income including CDs, Treasury Bills, Government Bonds and taxfree bonds. The second night you will look at growth opportunities, stocks and tax-deferred investment growth with annuities and IRAs. The third night will focus on mutual funds and how they can reduce risk. The final class will bring all these concepts together in developing a well-balanced portfolio. No program on Feb. 18.

Class#: **Dates:**

Jan. 28 - Feb. 25 EAB1 Mar. 10 - Mar. 31 EAB2

HOW TO GET DEBT FREE

Class#: EDF 6:30 - 9:30 p.m. WHS Room 1326 \$15 R/ \$20 NR/ \$7 SR Tuesday, Feb. 24 Blanchard Warren Adults Pre-register

Learn how to get debt free by investing in your debt. Our simple system allows you to operate on 100% cash. Get a 37.13% guaranteed, tax free return, equivalent to traditional investments, by becoming debt free. Pay off your credit cards, student loans, etc. in one to three years and your 30 year mortgage in another four to six years. Whether you earn \$12,000 or \$120,000 this class is for you. Learn how to live without credit. Enjoy the benefits of living on cash when you create real wealth by investing in your debt first. Please bring your list of debts and a calculator to class. You will develop your own debt elimination/investing plan that can be implemented immediately into your lifestyle. Investing in and eliminating your debt is the right thing to do.

Course fee includes a 16 page workbook. An optional text is available from the instructor for \$39.00.

LONG-TERM CARE PLANNING

Class#: ELP WHS Room 1328 7:00 - 9:00 p.m. \$20 R/ \$25 NR/ \$10 SR Tuesday, Feb. 10 Mark Baron Adults Pre-register

Whether you're thinking about your own future or that of your parents, this workshop will teach you the basics of Long Term Care and begin to prepare you to get the care you need and have the life you want. Forty percent of us will eventually need some form of long term care services, such as in-home health care. Learn about the different types of long term services available and see how Medicare and Medicaid fit in. Mr. Baron is a Long Term Care Insurance Specialist and an independent broker.

ESTATE PLANNING

Class#: ESP WHS Room 1328 7:00 - 8:30 p.m. \$15 R/ \$20 NR/ \$7 SR Monday, Feb. 2 Noreen Davis Adults Pre-register

Join local lawyer Noreen Davis for a discussion of wills, trusts for minor children, durable powers of attorney, health care proxies, declarations of homestead, and other estate planning tools. We will also discuss joint tenancy, tenancy in common and tenancy by the entirety, annual gifting techniques and the probate process and what to expect. A question and answer period will follow the discussion.

ADULT PROGRAMS: NEW PROGRAMS

MAKE YOUR OWN KIDS' BOOK

Class#: AMO

WHS Room 1146 7:00 - 9:00 p.m. \$40 R/ \$45 NR/ \$20 SR Tuesdays: Jan. 27 - Mar. 23 Joe Knaus

Pre-register

This is a class for folks who've always wanted to write children's books and/or illustrate them. In this course, we will go over content, both visual and verbal as well as how to layout images and text. At the conclusion of the program, we will have a finished product that we can be proud of and read to our children. No program on Feb. 17.

THE COLOR OF POETRY

Class#: ACP

7:00 - 9:00 p.m. WHS Room 1326 \$20 R/ \$25 NR/ \$10 SR Thursday, Jan. 22 Nancy Tupper Ling Adults Pre-register

Need to keep those creative juices flowing this winter? Come to our poetry workshop! Whether you write in free verse or you're a budding poet or a "Longfellow" come explore the various uses of color in poetry and much more. This workshop is led by Nancy Tupper Ling, a local poet and author of "Laughter in My Tent: A Woman's Search for Family."

OTHER ORGANIZATIONS

Please contact the following organizations directly for more information.

LITTLE LEAGUE BASEBALL- Ages 8 and up

(508) 660-6834 Paul Falvey

BABE RUTH BASEBALL- Ages 13 - 15

Rich McCarthy (508) 668-7496

WALPOLE SWIM TEAM- Ages 3 - 18

Cheryl Cavanaugh (781) 961-5383

POP WARNER FOOTBALL- Ages 8 - 15

Myles Reagan (508) 660-2331

WALPOLE YOUTH SOCCER ASSOCIATION

(508) 660-1486 Frank Waldron, Soccer Hotline

WALPOLE YOUTH BASKETBALL ASSOCIATION

Rob Smith, Basketball Hotline (508) 660-8891

WALPOLE YOUTH CONNECTION- Grades 7 - 8

Janet Eicher (508) 668-2637

WALPOLE YOUTH LACROSSE- Grades 5 - 8

Joe Coleman (508) 668-2092

A.A.U. JUNIOR OLYMPIC SOFTBALL

(508) 668-7421 Robert Taglienti

INTRO TO COIN COLLECTING

Class#: ELL1 WHS Room 1326 7:00 - 8:30 p.m.

Thursday, Feb. 12 \$15 R/ \$20 NR/ \$7 SR Lucien Liddy Adults

Pre-register

This new class will cover various aspects of coin collecting such as manufacturing, production, grading, proper storage of coins and basic guidelines for collecting. The instructor will appraise collections if brought to class.

INTRO TO STAMP COLLECTING

Class#: ELL2

WHS Room 1326 \$15 R/ \$20 NR/ \$7 SR

7:00 - 8:30 p.m. Thursday, Mar. 4

Lucien Liddy

Adults

Pre-register

Welcome to the world of philately. This new class will cover various aspects of stamp collecting such as identification, perforations, size and color. We will also discuss proper storage and basic guidelines on collecting. The instructor will appraise collections if brought to class.

BUSINESS WRITING

Class#: ABW

WHS Room 1332

7:00 - 9:00 p.m.

\$30 R/ \$35 NR/ \$15 SR

Wednesdays: Jan. 21 - Mar. 3

Denise Barsky Pre-register

Looking for a job or want to write that complaint letter to the corporate headquarters? This course is designed to teach participants how to make your voice heard, professionally whatever your cause. Through in-class lecture, peer interaction, out-of-class assignments and instructor feedback, students will learn how to write everything from a job-getting resume to keepsake thank-you letters, to action-requested complaint letters to mass mailings and more! No program on Feb. 18.

OPINION/EDITORIAL WRITING Class#: AOE

WHS Room 1333 7:00 - 9:00 p.m. \$30 R/ \$35 NR/ \$15 SR Thursdays: Jan. 22 - Mar. 4 Denise Barsky Adults

Pre-register

F. Scott Fitzgerald said it best: "You don't write because you want to say something; you write because you have something to say." Through in-class lecture, peer interaction, out-of-class assignments and instructor feedback, this course will teach participants how to write an attention-grabbing, effective editorial. Whether it's a political piece, a hot-button town issue, or a response to something you've read, by the completion of this course, you'll know how to make your voice heard, and persuade others! No program on Feb. 19.

COMMUNITY INVOLVEMENT

ADULT SCHEDULE

CPR-FIRST AID

WHS Room 1331 6:30 - 9:00 p.m. \$35 R/\$40 NR/\$17 SR Tuesdays: See dates below Kevin Nagle Adults Pre-register

This course combines adult CPR and the use of the automated external defibrillator (AED) with basic first aid procedures. Students in this course will be taught how to perform adult CPR, relieve a foreign body airway obstruction, use a barrier device during rescue breathing, use an AED and provide first aid for acute injuries and sudden illnesses. Written/skills exam required for completion card.

Class#:	Dates:
EFA1	Jan. 20, Jan. 27, Feb. 3
EFA2	Feb. 24, Mar. 2, Mar. 9
EFA3	Mar. 23, Mar. 30, Apr. 6

INFANT/CHILD CPR

WHS Room 1331	7:00 - 9:00 p.m.
\$20 R/ \$25 NR/ \$10 SR	Mondays: See dates below
Sheri Buda	Adults
Pre-register	

In this hands on class, participants will learn about infant safety as well as how to perform CPR and relieve a foreign body airway obstruction. You will learn for both infants (newborn to 1 year) and children (1-8 years old). The instructor is a labor and delivery nurse as well as a childbirth and parenting educator. Sheri is also a CPR certified instructor with the American Heart Association. This class is a must for anyone living with or caring for infants and children.

Class#:	Dates:
EIR1	Jan. 5 and 12
EIR2	Feb. 2 and 9
EIR3	Mar. 8 and 15
EIR4	Apr. 5 and 12

WCT VOLUNTEER WORKSHOP	Class#: CVW
Walpole Cable Television	7:00 - 9:00 p.m.
FREE to Walpole residents	Starts Tuesday, Feb. 3
WCT Staff	Adults
Pre-register	

This workshop is designed to familiarize new volunteers with some of WCT equipment and give hands-on training in field and studio shoots. Upon completing this workshop, volunteers can participate in all of our productions and even create a project of their own. This workshop is free to all Walpole residents. You can sign up at the Recreation Department, by calling WCT at 668-7795 or by e-mail at walpole.tv@verizon. net.

For your convenience, we have listed the following Adult Programs on the days that they occur.

Monday Classes	Page
Power Volleyball	17
Aerobic Patterns	17
Floral/Craft Class	18
Drum Circle	18
Songwriters Circle	18
Instant Piano	19
Conceptual Drawing	20
Quilting: Lovers Knot	20
Bridge for Beginners	21
Estate Planning	22
Tuesday Classes	
Adult Golf Clinic	17
Stained Glass	18
Learn Pitch	20
Intro to eBay	21
Stop Smoking	21
Real Estate/Buying & Selling	22
College Financial Aid Seminar	22
Debt Free	22
Long-Term Care Planning	22
Make Your Own Kids Book	23
Trunc Tour o Wil Trug Book	
Wednesday Classes	
Beg./Intermediate Volleyball	17
Women's Basketball	17
Aerobic Patterns	17
Voice Lessons	18
Camcorder Workshop	19
Video Editing	19
Calligraphy	19
Creative Writing	20
I Do! Want a Perfect Wedding	20
Photo Albums Quick & Easy	20
Intro to PC's	20
Ballroom Dancing For Beginners	21
Digital Photography	21
Rubber Stamping	21
ABC's of Investing	22
Business Writing	23
8	-
Thursday Classes	
Guitar Lessons	18
Internet 101	18
Instant Piano	19
Reiki and You	21
Color of Poetry	23
Coin Collecting	23
Stamp Collecting	23
Editorial Writing	23
Friday Classes	
Men's Basketball	17

SENIOR PROGRAMS

MOVIE DAYS

Blackburn Hall Movie begins at 1:00 p.m. Wednesdays: see schedule below **FREE** Recreation Staff Seniors

No registration required

Many of your favorite stars will be appearing this fall at Blackburn Hall. Movies you grew up with and classics from today will be featured in this series. Please call the Recreation Department as early as one week in advance for information about the featured movie.

Dates:

Jan. 21 Mar. 17

HIKING CLUB Class#: SHC Meet in Walpole 1:00 p.m. **FREE** Thursday, Mar. 25 Josh Cole Ages 55 and up Pre-register

We have added this program due to popular request. All you have to do is register for this program by sending in the registration form. We will scout out an area trail and call you by the Monday prior to the hike to tell you where to meet and the general condition of the trail. Then, you can decide to join us or wait for another hike later in the year. Nothing ventured, nothing gained. So give this club a chance.

STRETCH AND TONE CLASS Class#: SST

Lower Blackburn 12:00 - 12:50 p.m \$20 R/ \$25 NR/ \$10 SR Tues. & Thurs: Jan. 6 - Feb. 5 Eileen Smith Ages 55 and up Pre-register

We will work on strengthening muscles, balance and coordination. Eileen teaches in a warm and inviting atmosphere so join the fun. Wear comfortable clothing and bring your water bottle for some fun and fitness.

Class#: SPACE P.A.C.E. Lower Blackburn 12:00 - 12:50 p.m. \$20 R/ \$25 NR/ \$10 SR Wednesdays: Jan. 7 - Feb. 11 Eileen Smith Adults

Pre-register

People with Arthritis Can Exercise is a program designed by the Arthritis Foundation. We will focus on relieving stiffness, developing muscle strength, restoring and maintaining joint range and motion and improving posture. Exercises will be performed while sitting or standing. Wear comfortable clothing and bring a water bottle. No program on Jan. 14.

ON THE GO TRIPS

RIVERBOAT RAMBLERS

Class#: OTG5 8:00 a.m. - 6:00 p.m. Meets at Blackburn Hall \$59 R/\$64 NR Tuesday, May 25 Barbara Harris Ages 55 and up Pre-register

Join us for a day of delicious food, scenic surroundings and great live entertainment. After a visit to Yankee Candle, you'll then travel to the Log Cabin House for their famous lobster feast. Then you will be entertained by one of New England's most memorable musical groups, the Riverboat Ramblers. Tour includes luxury motorcoach transportation.



LOBSTERBAKE & LIVE JAZZ

Class#: OTG6 Meets at Blackburn Hall 10:00 a.m. - 5:00 p.m. Tuesday, June 22 \$62 R/\$67 NR Barbara Harris Ages 55 and up Pre-register

The Quidnessett Country Club offers the perfect setting for a world-class lobsterbake lunch and a one-hour performance by New England's most famous New Orleans party band, Jazz Live. Jazz Live's aggressive rhythmic style and outrageous humor attracts audiences wherever they perform. Enjoy the food, service and musical performance. Chicken may be substituted for lobster. Please notify us at the time of registration. This tour includes luxury motorcoach transportation.

SENIOR MEN'S BREAKFAST

VFW Hall on Robbins Road 9:00 a.m FREE Tuesdays: Jan. 13 and Mar. 23 Friends of Recreation Ages 55 and up Call to reserve your seat.

The Friends of Recreation bring you this series of free continental breakfasts. Past speakers have included Steve Grogan, District Attorney Keating, Town Administrator Michael Boynton, Joe Morgan and many other local legends. For January, we plan to bring in a notable politician, and are currently working this into his schedule. Please call the Recreation Department after December 16 for more information or check the Recreation News in the Walpole Times.

There will be additional Breakfasts in March and May, so please stay tuned for more details.

PROGRAM REGISTRATION INFORMATION

TO REGISTER:

- 1. Registrations for Walpole residents (R) will be accepted in the Recreation Office beginning immediately. Office hours are Monday-Friday from 1:00 p.m. 5:00 p.m.
- 2. Registration is conducted on a first-come, first-served basis until the maximum number of persons per program is reached. **Prompt registration is recommended as many programs fill up fast.**
- 3. There will be **NO** registrations taken over the telephone.
- 4. Complete payment by cash or check must accompany each registration.
- 5. Be prepared to demonstrate proof of Walpole residency.
- 6. MAIL-IN REGISTRATION: You can register by mail if unable to stop by the Recreation Department. Be sure to completely fill out the program registration form. No confirmation will be mailed. Mailed forms will be registered at 5:00 p.m. on the day of Departmental receipt.

NON-RESIDENT REGISTRATION & FEES:

- 1. Non-resident registration will be accepted (space permitting) beginning December 8.
- 2. Non-resident fees (NR) apply to individuals not living in Walpole.

REFUNDS: Refunds will be made if programs are cancelled, already filled or if department changes in offerings prohibit your attendance.

FEE REDUCTION POLICY: The Walpole Recreation Department recognizes that the charging of fees for programs may place such an economic hardship on some individuals that they are unable to participate. For that reason, a fee reduction system is available for eligible residents of Walpole. Contact the Recreation Department for further information or to apply for the reduction. All inquiries are kept confidential.

WALPOLE SENIOR DISCOUNT: The Walpole Recreation Department provides a discounted rate on some programs for Walpole residents over 60 years old. Please be prepared to demonstrate proof of Walpole residency. No such discount applies to non-Walpole residents. If an SR fee is not listed in the program description, that program has no senior discount.

Meetings

The Recreation Committee meets on the second Wednesday of each month at 7:00 p.m. at the Recreation Office. The public is welcome.

Please call the Recreation Department at (508) 660-7353 to confirm meeting date and location.

INSURANCE/LIABILITY: The Walpole Recreation Department does not provide accident or hospitalization insurance for program participants. All participants are strongly advised to have adequate personal coverage. Participation in all programs shall be at the registrant's own risk

ENROLLMENT: You are enrolled in a program once your registration is received at the Recreation Office. You will only hear from us if a program is full or cancelled. The Recreation Department does not issue confirmations.

PARTICIPANT / SPECTATOR BEHAVIOR: Behaviors of participants or spectators that pose a risk to other participants, staff and or the participant himself/herself or that alters the program to such a degree that we are no longer offering the intended program, will be cause to remove the participant or participants from the program either temporarily or permanently.

PROGRAM LOCATIONS

Blackburn Hall 30 Stone Street

Lower Blackburn First Floor of Blackburn Hall

Recreation Office First floor of Blackburn Hall

Allen Dam Across Washington St. from Stone St.

Bird Middle School 625 Washington Street

Boyden School 1852 Washington Street

Fisher School 1 Gould Street

Old Post School 99 Old Post Road

Walpole High School 275 Common Street

Community Television 1034 East Street

Plimpton School 275 Common St.

Johnson School Robbins Road

Adams Farm Off North Street

WINTER 2004 SURVEY

Dear Walpole Resident,	Is this brochure easy to read and understand?				
Please help us improve the Recreation Department by taking a few moments to complete the following survey.	Yes No What could we do to make it easier to read and understand?				
From these surveys, we will determine our future activities and programming directions.					
Please take the following space to recommend some programs you think we should offer in the following categories. Also note if you have recommendations for an instructor.	The Recreation Department is interested in restoring Turner's Pond Lodge. Can we contact you to volunteer? Yes No Phone Number:				
Preschool	Would you support the construction of a skateboard park in Walpole? Yes No				
School Age/ Youth	Which of the following best describes how long you keep this brochure as a reference? 1. Until the next brochure comes out				
Teens	 One Month Until we have completed the programs for which we register One Week 				
Adults	5. One Day				
Senior Citizens	How often do you read the <i>Recreation News</i> column in the <i>Walpole Times?</i> Weekly Once a month				
Special Events	Rarely Never				
	How often do you check the following web-sites?				
Community Arts	www.walpole.org Often Rarely Never www.walpole.ma.us Often Rarely Never				
Family Trips					
	What are some ways the Recreation Department could become a more valuable asset to the Town?				
Other:					
What are some of the programs you would like to teach? Please include age group of participants and your name and phone number.					
	Please return to the Walpole Recreation Dept. by Dec. 29 135 School Street Walpole, MA 02081 (508) 660-7353 or fax to: 660-7398				

WALPOLE RECREATION DEPARTMENT PROGRAM REGISTRATION FORM

Family Last Name):		Home Phone:			
Day Phone:						
Mailing Address:	(street)					
Emergency Conta	ct:	_ Phone:	(town) (zip) Relationship:			
Class#	Registrant's Name	Sex	Date of Birth	Grade (if applicable)	Fee	Total
						_
participate in the p elected or appointe	Please make check ow: I am fully aware of the risks inherent rogram(s) offered by the Walpole Recreated officials or instructors/employees/voluments and/or damages sustained by me of	and hereby gi tion Departmenteers from any	ve my consent nt, and hereby y and all liabili	for the above r release the Tov ty from injuries	vn of Walp s, claims, d	ole, any of its emands, costs,
Date:	Signature:	re: Printed Name:				
Youth Basketball	Registration Only: My Voting Precinct	is :	My Chil	ld's School Dis	trict is:	
I would like to volu	unteer for: Head Coach Assi	stant Coach	Na	me:		
	For office use only: ReceivedSigned	//Ck # Init Auth	Csh	_Amt		

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